

1. Time Table:

	Day/Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK No	Date:						
	10.00am - 10.30am						
	10.30 am- 11.00 am						
	11. am - 11.30 am						
	11.30am – 12.00 pm		Anatomy				
	12.00 pm - 1230 pm						
	12.30pm - 1.00pm			Physiology		Physiology	
	1.00pm - 1.30pm		Biochemistry		Biochemistry		
	1.30 pm- 2.00 pm						
	2.00 pm - 2.30 pm				Anatomy		
	2.30 pm - 3.00 pm						
	3.00pm- 4.00pm	Nutrition		Nutrition		Nutrition	





	Day/Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK No :	Date:						
	10.00am - 10.30am	Ex.Programming-2	Introduction to Sports and Exercise Psychology : Mr. Frank Mapranny Sir	Ex.Programming-2	Introduction to Sports and Exercise Psychology : Mr. Frank Mapranny Sir	Introduction to Sports and Exercise Psychology : Mr. Frank Mapranny Sir	Ex.Programming-2
	10.30 am- 11.00 am						
	11. am - 11.30 am						
	11.30am – 12.00 pm						
	12.00 pm - 1230 pm						
	12.30pm - 1.00pm	Integrated Physiological System : Vijay Sir	Integrated Physiological System : Vijay Sir	Integrated Physiological System : Vijay Sir	Integrated Physiological System : Vijay Sir		
	1.00pm - 1.30pm						
	1.30 pm-2.00 pm						
	2.00 pm - 2.30 pm	Sports pharmacology -Dr. Anand Patil		Sports pharmacology -Dr. Anand Patil		Sports pharmacology -Dr. Anand Patil	
	2.30 pm - 3.00 pm						
	3.00pm-4.00pm						MSK 1-Dr.Prathamesh
	4.00 pm -500 pm						

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	Day/Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



Date:						
10.00am - 10.30am						
10.30 am- 11.00 am						
11. am - 11.30 am		Injury Risk Minimization : Sandesh sir		Injury Risk Minimization : Sandesh sir		Injury Risk Minimization : Sandesh sir
11.30am – 12.00 pm						
12.00 pm - 1230 pm						
12.30pm - 1.00pm						
1.00pm - 1.30pm			S&C-2			
1.30 pm-2.00 pm						
2.00 pm - 2.30 pm						
2.30 pm - 3.00 pm						
3.00pm- 4.00pm		3-5 Ex. Prescription		Fit Entp Mgmt-Dr Rashmi Nair	Fit Entp Mgmt-Dr Rashmi Nair	